



Hungarian „Sports and Leisure Association for the Visually Impaired”

Our organisation was founded in October 2006. Any sighted or visually-impaired person who agrees with our goals may join us and is encouraged to participate in our activities. The reason why we felt such an organization was needed was that before LÁSS was created there had been no association, foundation, organization or formal group in Hungary which had provided a wide range of regular and barrier-free sports for visually-impaired people.

LÁSS is a non-governmental organisation run solely with the financial support provided by benevolent funding and sponsors. We have no paid employees; all our partners as well as the trainers are volunteers.

It's been six years, since 2008 that some 7-8 members of our organization have had the opportunity to practice wall-climbing at ILEA. One of the reasons why this is a unique experience for the blind and the sighted alike is that wall-climbing is full of challenges and it encourages everyone to get to know the others and promotes a team spirit. Therefore, we would like to express our gratitude to ILEA for providing the venue and the possibility, and especially to Peter Pakányi, who has been doing a great job as our trainer - as voluntary work.

Our eternal ILEA friend, Valter

The bad news was spreading last Spring like the wildfire about your sickness. Nobody believed it or just didn't want to because you were a very sporty, vivid, non smoker, following a healthy way of life type guy. We all rooted for you in the hope that you would overcome this sneaking, withering disease....but first time in your life you failed.

You will always be in our thoughts like the most active student of Session 32. Yes, the memorable Session 32 which had to graduate at week 6 due to 9/11.

We kept in touch after your graduation. You shared your sparetime with us, visiting the weight room, playing soccer in our ILEA-NOK team, visiting us with your lovely family at the NOK open house family days, helping us as the Chief of the 12th District Police Station. We greeted you occasionally at the Academy also as the deputy chief in criminal matters at the Budapest Police HQ.

As always, I'm very proud of the success stories of our graduates. Of course I was very proud of you also, whenever I have seen you in the news, giving interview in the Cop magazine about a successful investigation, inspection or when you were promoted, appointed.



I was constantly rooting for you, while you were climbing higher and higher on the law enforcement ladder, however I warned you at the same time.... watch out and remember, health and family come first, the rest comes only after it.

I'll cherish your charming smile, wise thoughts about the importance of friendship, and professional work. I'll cherish your dedicating words and drawings at the preface of your books.

5/2/2014

Rest in peace, Valter.
Lt. Col. Hajni Gósi



Hungarian ALUMNI Event

ILEA continues to work toward the goal of reaching out to all the Hungarian ILEA alumni (currently 532) and giving each of them the opportunity to return to the ILEA campus for the chance to meet old friends and fellow alumni. The first such event was organized in 2006 when 60 alumni visited campus for a day of retraining, fun and a reception at the U.S. ambassador's residence.

For this year's alumni event eighty-two invitations were sent out to officers who attended the ILEA core course between 2009 and 2012 (Session 71-85). Sixty-five accepted the invitation and participated in the program on March 6-7, while others had to decline because of their current assignment.

Following registration and completing the ILEA alumni survey, there was some time to mingle and renew old acquaintances with fellow colleagues. Soon it was time to leave for the evening reception held by Chargé d'Affaires Mr. André Goodfriend at

his residence in honor of the ILEA alumni. Mr. Goodfriend welcomed each guest personally, shook hands and exchanged a few words with them. In his welcome remarks, he acknowledged the dedicated work they perform day by day in chasing the criminals and mentioned that law enforcement is a common business of us all.

ILEA Director John Terpinas gave a quick overview of the alumni community and encouraged the guests to come back next year to celebrate ILEAs 20th Anniversary. The alumni also had the opportunity to meet high ranking Hungarian police officers, who had been invited as VIPs for this special event. Following the reception, the students traveled back to the Academy to occupy their accommodation on campus – as in the old days.



In our continuous effort to create a great learning environment we renovated our dormitories. Having participants comfortable and relaxed enhances the overall education experience. In a several step process that began in 2012 and finished in April 2014, both the A and B dormitories were refurbished. The project was done this way so that ILEA could continue to conduct courses throughout the renovation.

In addition to some cosmetic repairs, the project converted 49 double and triple occupancy rooms to 109 single rooms. Each new single room has a private bathroom, workstation with internet access, and television. The participants can go back to their rooms for quiet time, self-study and a good night's sleep, re-energized for another day of learning.

One of our goals at ILEA is to build and strengthen relationships. In our determination to succeed with this goal we had clubrooms built into each dormitory. These clubrooms are located in the basements of the two dormitories. Where to go to get together for some fun? The answer is the clubroom where darts and table football, as well as in the lounge, a plasma television and a kitchen facility await the students needing some recreation after the long ILEA classes.



The second day was set aside for work. After the director's welcome remarks, FBI Legal Attaché Mr. Gregory Shaffer gave an overview of the challenges a police officer has to face and explained the importance of mastering the police officer skills on a daily basis.

After a 20-minute coffee break, Rev. Sándor Szenczy, President of the Hungarian Baptist Aid explained the story of his organization and the law enforcement related cases he had to solve as an active volunteer.

Altogether, the reunion was a great success. ILEA staff has received many comments about how great it was to be back on campus and how quickly those good old days returned. "It is always a pleasure to come back to ILEA; I wish it could last seven weeks again," – recalled many of the alumni.

For more information on the ILEA Alumni program please contact Evaluation and Alumni Coordinator Ms. Nikolett Valkai: +36 1 214 3247 or ilea@ilea.hu.

For general information, news, latest updates, etc. on the ILEA program please visit our website: www.ilea.hu.

A very challenging day in Csákányospuszta

The Annual National Law Enforcement Cross Running Championship took place on April 16, 2014. Sending a running team has always been a tradition of the Ministry of Interior, International Training Center (NOK) and the ILEA. This year was no different. Our overall team consisted of 12 runners. From the ILEA, the runners were John Terpinas, Steve Sekellick, Chris Nicholas, Évi Czáder, Péter Pakányi, Tibi Fraknoi and Hajni Gósi. Our coach, as usual, was Péter Pakányi. As in the past, our team was represented in each race category.

The organizer, who was the Human Resources Service of the Komárom-Esztergom County Police Headquarters, selected the venue in Csákányospuszta and Mária ledge. This beautiful, quiet place is located in the Vértes mountains, close to Tatabánya. The main patron of the event was Dr. Sándor Pintér, Minister of Interior.

Cross country racing is very challenging. This course's trails consisted of constant inclines and declines, with very little flat surfaces. Each member of our team rose to the challenge and had a great run (sometimes climbing). Everyone completed the course without injuries.

The weather was extremely unpredictable, which is typical during the month of April. Our team and the other runners experienced a variety of weather conditions; to include sun, wind, clouds, rain, lightning, thunder and even hail. Heavy rains turned the course trails into slippery mud. In other words, perfect conditions for a cross country event!

Regardless of the bad weather and muddy conditions, overall, the entire day was fun. For everyone who participated, it will always be a great memory. Congrats to all and see you next year!

Lt. Col. Hajni Gósi



New exercise equipment at ILEA - TRX

ILEA has always been careful about the physical training and development of the officers attending both the core and the specialized courses. The Bogrács-Challenge, the Best Sportsman award, and all the wellness classes and championships during the courses are our way to encourage the students to work on their physical condition. As part of our endeavors to keep our students moving, we are constantly trying to develop our fitness center and follow the newest trends in physical education.



Since last year, the ILEA fitness center is equipped with the new TRX Suspension Trainers.

What is TRX?

The TRX Suspension Trainer is a workout system that leverages gravity and the user's bodyweight to perform hundreds of exercises. It was designed by a Navy Seal who wanted to do strength-training workouts but did not have access to conventional equipment where he was stationed. Without much room to work, he took two parachute cables and suspended them from the ceiling. He used this revolutionary suspension method of leveraged body weight exercise to build power, strength, flexibility, balance and mobility while avoiding

risk of injury. People at all fitness levels train on the TRX: From everyday people who just want to feel and look their best to some of the world's most elite athletes.

Currently there are eight TRX Suspension Trainers at ILEA. Instruction is available from Monday till Thursday at 7:30 am, and on Monday afternoon at 6 pm.



Internship at ILEA – Viktor Jósa

After six weeks of experience in law enforcement thanks to ILEA Budapest, I know what path I should follow in my future. My name is Viktor Jósa and I was the first Intern at ILEA Budapest.

I was born 22 years ago in Budapest in Kiss János Altábornagy utca right next to the street where ILEA is located. Thanks to my supportive parents I had the opportunity to study at international schools from my early childhood. I successfully graduated from the Austrian-Hungarian Europe Elementary School and the German High School of Budapest, my education continued with Political Science and International Studies in an American University working in my home town called, McDaniel College Budapest. With a main campus in Westminster, Maryland McDaniel College Budapest is providing an American Bachelor Degree in different majors, such as Business, Finance, Marketing, Communication or Political Science and International Studies.

One year before my graduation I applied for an internship at ILEA Budapest, because of my interest in American Law Enforcement. Luckily they approved my request and shortly after my application Lt. Col. Hajni G si Head of the Hungarian Secretary contacted me and gave an appointment for an interview. Thanks to ILEA Director John Terpinas and NOK Director General Pol. Col. Farkas István two weeks after I was already there beginning with session #95 under the supervision and mentoring of Lt. Col. Hajni G si.

Unfortunately my days at ILEA were passing quickly, since my internship only lasted for 4 weeks, but again, due to the management my stay was extended until the end of the 7 week long LELD Session. During my stay I had the opportunity to build unique relationships and to meet Instructors who have truly changed my perception about Law Enforcement and future studies. Not to mention all the knowledge I gained from the lectures and the case studies I could not have gotten from anywhere else.

Thanks to my supervisor Hajni, I also had the opportunity to meet and talk to almost everyone who works at ILEA, NOK and anyone who has a relationship to this training program. I was able to get to know about the other international organizations as well to get a full picture of the mission of Law Enforcement Academies.

Thank you Hajni for the organizing and all the guidance I got from you, I really appreciate it!

In the last year of my Bachelor Studies I have to write and present a Senior Thesis, which will be about the Law Enforcement Academies and mostly about ILEA, my first-hand experience will hopefully make my topic more credible. After I graduate I am planning to move to the United States and continue my studies there in this subject field. I haven't decided yet what exactly, because now I have a much wider picture about the opportunities I learned at ILEA.

As a conclusion I can repeat what ILEA Director John Terpinas said on the opening ceremony of session #95 that, it is all about the relations. Maybe we won't remember everything from the lectures and the course material, but we will surely remember the instructors and the colleagues who were sitting next us... and that is what really matters.

Thank you ILEA and see you in the future!

